

THE KINGSDLODGE INN

ALLERGENS ON OUR MENUS

For those who have an allergic reaction to specific ingredients in food, even a trace of it being present can be extremely dangerous. A European Union directive has identified fourteen allergens that must be identified in every dish we serve and below is the breakdown of our menu, highlighting each allergen as it occurs in our recipes.

Many of these allergens are present in our kitchens in some items, and in the normal operation of our business we cannot guarantee product separation and no cross-contamination of traces of these allergens. There is a risk that items in your dish may have accidentally come into contact with an allergen at any point in time. When you arrive please inform us if you have a food allergy before you order. We will assist you making your menu choice, and will take all reasonable steps to minimise the risk of cross-contamination during the preparation of your meal.

The allergens identified here are based on ingredients from our approved suppliers. From time-to-time we may have to temporarily substitute a product from a different source and the ingredients may differ slightly - if you have any concerns please ask your server to check with our chefs.

Celery	Crustacean	Eggs	Fish	Gluten	Lupin Flour	Milk	Molluscs	Mustard	Nut	Peanut	Sesame	Soya Beans	Sulphites
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Breakfast & Brunch

The Kingslodge Inn Breakfast		✓		✓									✓
Eggs Benedict		✓		✓		✓							✓
Brioche Filled Breakfast Baps				✓									
Eggs Florentine		✓		✓		✓							✓
Smoked Salmon	✓		✓			✓	✓						

Starters

Soup of the Day				✓									
Crunchy Potato Skins		✓				✓							
Chicken & Parmesan Strips		✓	✓	✓		✓	✓						
Whitebait		✓	✓	✓			✓						
King Prawns		✓	✓			✓	✓						
Breaded Brie Wedges			✓	✓		✓							
Meatballs													
Chicken Bhuna				✓									
Garlic Bread Pizza				✓		✓							

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Flatbread Pizza

Margherita				✓									
Vegetarian				✓									
Meat Feast				✓									
Greek Lamb Kofta				✓		✓							
Chicken				✓									

Salads

Kingslodge Caesar		✓		✓		✓							
Smoked Salmon Niçoise		✓		✓			✓						✓
Greek Salad				✓		✓							
Black Pudding, Bacon & Blue Cheese				✓		✓							

Sides

Homemade Chips													
French Fries													
Onion Rings				✓									
Onion Stings				✓									
New Potato Salad						✓		✓					
Cauliflower Cheese				✓		✓							
Homemade Coleslaw			✓										
Ciabatta, Balsamic Vinegar & Olive Oil				✓									
Peppercorn, Blue Cheese or Diane Sauce						✓		✓					

Desserts

Crêpes		✓		✓		✓							
Kingslodge Chocolate Brownie				✓		✓							
Vanilla Panna Cotta						✓							
Cheesecake of the Day				✓		✓							
Crumble of the Day				✓		✓							
Banana Split						✓							
Berry Tart				✓		✓							
Banana, Chocolate & Peanut Butter Sundae		✓		✓		✓			✓	✓			

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Children's Menu

Cheese & Tomato Pizza				✓		✓							
Tomato Pasta				✓									
Chicken Strips				✓									
Fish & Chips		✓		✓			✓						
Cheeseburger			✓	✓		✓							
Chicken Curry													
Sausage & Mash						✓		✓					

Ciabattas

Cheese, Lettuce, Tomato & Red Onion													
Chicken, Bacon, Lettuce & Tomato			✓		✓			✓					
Spinach, Mozzarella, Basil & Pesto			✓		✓		✓	✓					
Tuna Cheese Melt		✓	✓	✓	✓		✓	✓					
Smoked Salmon & Cream Cheese		✓		✓	✓		✓	✓					
Fish Finger, Mushy Peas & Tartare Sauce		✓	✓	✓	✓			✓					
Sweet Chilli King Prawn		✓		✓	✓		✓	✓					
Hot Roast Meat Dip & Gravy					✓				✓				

Sunday Lunch

Roast Beef			✓		✓		✓		✓				
Pork Loin			✓		✓		✓		✓				
Roast Turkey Breast			✓		✓		✓		✓				